

Today I used these strengths

- Effort
- Handling Frustration
- Creativity
- Collaboration
- Kindness
- Respect
- Honesty
- Open-mindedness
- Curiosity
- 



Strengths Builder

Pom Pom Jar

- 1) Sincerely notice and validate when your children use their strengths, i.e.,
 - Did your kids share video games?
 - Did your kids work hard at a challenge?
- 2) Each time you compliment them, put a pom pom in a jar.
- 3) When the jar is full, celebrate with a special outing or activity.



My Learning Link
Educational Therapy